Girls will complete the aMAZE! journey express day, learn all the requirements for the Awards and complete a take action project ‘after the event’. Girls will walk away knowing exactly what needs to get done in order to complete the take action and the awards. The three awards are the: **Interact, Diplomat, and Peace Maker.** This Journey is about relationships. Through the aMAZE! Journey girls will sort out everything they already know about managing the twists and turns of friendships. They will learn new strategies for interacting with all the people in their lives.

**Required Materials:** For the success of the journey, the facilitator(s) will need a copy of the adult guide for the journey, one copy per girl of the aMAZE! Journey book, small journals per girl, pens, markers, poster board and scissors are among the basic supplies. It would be helpful to prepare these materials well in advance of facilitating each session.

**Mission 1: What's In Your Maze?**
Girls will read page 16-17 of their book and then complete the "First Impression" chart on Page 17, and then take their first "What's your First Impression IQ?" test ! Girls will then make their own MAZE with sketches, text, and bubbles of quotes that show the relationship issues that they navigate in their lives.

**Mission 2: Circle of Friends and Feelings !**
Girls will take a quiz page 31. Girls were then as group write words in the middle of the circle on that page that describe the qualities they look for in a friend. Outside the circle girls will write words that they feel describe the qualities that they bring to friendships.

**Mission 3: Cliques & Conflicts**
Four girls will be selected to engage in the "Four Corner Game."
1. Each girl will go to each corner in the room or designated area.
2. The remainder of the girls will stand in the middle of the space. Each girl in the corner will then receive a visual characteristic to describe them, "wearing pink" or "has brown hair".
   (each characteristic will be said quietly enough that none of the other girls can hear it)

3. The girl in the middle will then wander around the space to different corners, and ask if they can join that girl's group.
   The girl in the corner can only accept ONE new girl to her group if she has that characteristic.

4. The girls will then discuss the following questions:
   - What did you think of this activity?
   - Do you know why you were accepted to your group?
   - If you were not accepted, do you know why?

3. The girl in the middle will then wander around the space to different corners, and ask if they can join that girl's group.
   The girl in the corner can only accept ONE new girl to her group if she has that characteristic.

**Mission 4: Where do you stand?**
Girls will read pages 40-43 and take the quiz "Have you Ever?" Girls will then work in pairs to complete "Defy the Pressure- Advice Column" on pages 44-45 and discuss the advice they have for their peers. Girls will then create a **No-Pressure Zone Poster** where each girl will contribute to a big poster board and write down the group's list on page 50.

**Mission 5: Talk Show- Ask the Experts!**
Girls will complete this mission by giving one other friendship advice in a made up talk show. Utilizing scrap paper, pens, and sample scenarios, the girls will each take turns playing the "host" on a talk show called "Ask the Expert".
Girls will then pair up, where one girl will play the role of the **TALK SHOW HOST**, another girl will play the **GUEST WITH A PROBLEM OR ISSUE**, and the remainder of the girls will play the audience. Each pair of girls will then rotate roles.

**Mission 6: My Peacemaker Kit!**
In this mission, girls will create their own PEACEMAKER KIT by decorating their OWN Peacemaker Keepsake Box! This kit will serve as a special memory of their journey. Prompt girls to think of their box as a scrapbook in which they can continue to add items, lyrics, and quotes throughout their life!
Take Action Project

A designated facilitator will lead girls through understanding what is needed to complete and earn the 3 Awards for this journey: INTERACT, DIPLOMAT, AND PEACEMAKER.

**Discussion**

Have girls will turn to page 9. **TELL THEM** you will be walking them through the requirements of earning the 3 awards above. Some of the activities may have been completed throughout the day, other requirements they might have to do at home on their own or during one of their troop meetings.

**The Interact Award: Reach Out a Little**

Interact Challenges are small actions you can do in your daily life to improve relationships – yours and those around you. Girls have to select 3 challenges to complete at home. They turn to page 12 – 15 and read to the challenges, select 3 and circle them! Make the commitment to complete them at home.

**The Diplomat Award: Use your Relationship Savvy to Improve Your World.**

To earn the Diplomat Award, girls will have to create and do a Take Action Project aimed at building more positive and peaceful relationships in the world around them. Girls will turn to page 114, 115, 116 and 117 and identify an issue that they are passionate about and write them on page 115.

**The Peacemaker Award: Commit to keep it going!**

To earn the Peacemaker Award, girls will commit to using the skills they learned to create peace in the world around them. Girls will complete pages 52, 71 & 93 on your own. As a group, complete pages 110 & 111.

At the completion of the Peacemaker Award, girls will do a quick reflection with the group of what they’ve learned. Congratulate the girls on their journey!
Girls will complete the MEdia journey, and learn all the requirements for the Awards and complete a take action project. The three awards are the: Monitor, Influence, and Cultivate (MIC) award. This Journey focuses on the influence of media in the girls’ everyday lives, and would work well with a group of girls interested in popular culture, marketing or advertising.

**Required Materials:** For the success of the journey, the facilitator(s) will need a copy of the adult guide for the journey, one copy per girl of the MEdia journey book, small journal, pens, markers, scissors are among the basic supplies.

**Mission 1: Y is for YOU!**
Girls will turn to page 38 of their journey books, and read the information on the page and label the media listed on the bottom of the page. Once the girls have completed, they will discuss what types of media are often slanted and which are objective.

Girls will then read pages 83 and 84 and create a super hero name for themselves, decide on what is their super power, and then design a tote bag with their super hero name.

**Mission 2: Stereotypes**
Girls will begin this mission by exploring the following question:"What is a stereotype?" Girls will then turn to page 43 and discuss together the stereotypes listed on the page.

A few girls will then read page 45 in the journey book out loud to the group. The facilitator will then ask the girls if they have ever had a similar experience.

**Mission 3: Spam Blocker!**
Girls will read page 38 then go to page 34 and identify 3 samples of any media around them that supports the Girl Scout Law. If the girls are unable to come up with a sample they can utilize magazines to see if they find any words from the Girl Scout Law or Promise throughout the magazine.

**Mission 4: Inspiration Airwave!**
Girls will read pages 50-51 from the girl journey book and as a group complete the beauty word for each letter of "BEAUTY". Girls as a group will complete the beauty acronym for each letter of "BEAUTY". Upon completion, girls will discuss what makes them feel confident and beautiful in their own lives.

**Mission 5: Strike a Pose!**
A few girls will be chosen to read pages 52-53 of their journey book out loud to the group. Talk with girls about photo retouching and how it may make girls feel and the media's contribution to negative body image in girls.

**Mission 6: Message Overload!**
Girls will read pages 26 and 27. After reading the assigned pages, girls will fill out a large girl cut out(1 per group)write down all the advertising messages they see in a day.

In order to earn the Monitor Award, girls will have to create a survey to understand Media use in their community. This survey will be utilized to bring light to individual's experiences and also help others think about what should be changed or improved about it.

"Girls can read "What Bothers You?" on page 72 as a warm up to creating their survey. In their journal, they would write down a list of people that makes up their community and who they would plan to survey."
Take Action Project

A designated facilitator will lead girls through understanding what is needed to complete and earn the 3 Awards for this journey; **MONITOR, INFLUENCE, AND CULTIVATE.**

**Discussion**
Have girls will turn to page 8. **TELL THEM** you will be walking them through the requirements of earning the 3 awards above. Some of the activities may have been completed throughout the day, other requirements they might have to do at home on their own or during one of their troop meetings.

**MONITOR Award**
To earn the MONITOR Award, girls had to complete 3 activities. Have girls turn to page 92 of their journey book. Ask girls to tell you which activities they remember completing throughout the day. They can call the answers out loud. Allow them to check mark the activity, and write they learned and what they accomplished in the chart provided.

**ANSWERS:** SLICE MEDIA PIE, MESSAGE OVERLOAD, MESSAGES IN GIRL SCOUT LAW, STEREOTYPE, BE A SPAM BLOCKER.

**INFLUENCE Award**
To earn the INFLUENCE Award, girls will have to "INFLUENCE" individuals in a positive way by teaming with their sister girl scouts to change media for the better through a MEdia Remake. Girls will read page 74 and 75 and reflect on the topics that resonated with them.

**CULTIVATE Award**
To earn this award, girls will have to challenge themselves to make a positive change in the way they use media in their lives. Girls will read page 90 to read and complete what is going to be their personal commitment to cultivate better use of Media in their own lives.

At the completion of the Monitor, Influence, and Cultivate Award congratulate the girls on earning all 3 of their awards.
For detailed information on Mission Implementation and Curriculums please contact

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