

Clover

## Overview

### Note to Volunteers

A few agenda activities in this meeting plan have two options—one that can be done inside and one to be done outside [*Get Girls Outside!*]. Carefully read through both activity options and choose one to add to your meeting plan agenda. **Please note all PDF-printed documents list the description and materials required for both the inside and outside options—you will only need to purchase materials for one option.**

The excitement and fast pace of running troop meetings for the first time can sometimes leave us tongue-tied. For that reason, scripting is included for guiding girls through a meeting; these "lines" are under the heading "SAY." However, you know your girls best. If you feel you don't need the script, do what makes sense for you and your girls.

### Prepare Ahead

- Talk to anyone helping you about what they will do at this meeting.
- Cover tables where girls will be drawing pictures with tablecloths or paper.
- **Activity 1:** Collect used yogurt cups, soda cups, and anything that can be converted to pencil holders. Wrap the holders with used paper [paper that's only been used on one side]. Have enough holders for each girl.
- **Activity 3:** Collect various recyclable materials including: paper, plastic bottles, aluminum cans, and newspaper s. Note to volunteers: Plant the recyclables on the floor around the room before this activity begins.
- **Activity 3:** Bring in three small recycling bins. Note to volunteers: You can use small trashcans, cardboard boxes, paper grocery bags, or even trash bags. Be sure to label your bins with words or pictures so girls know which one is which. The labels are: PLASTIC, PAPER, and CANS.

### Get Help from Your Family and Friends Network

Your Family and Friends Network can include:

- The Brownies' parents, aunts, uncles, older siblings, etc.
- Other volunteers who have offered to help with the meeting

Ask your network to help:

- Make snacks
- Welcome girls to the meeting
- Supply materials for the session

### Meeting Length

60 minutes

The times given for each activity will be different, depending on how many girls are in the troop. Plus, girls may really enjoy a particular activity and want to continue past the allotted time. As much as possible, let them! That's part of keeping Girl Scouting girl-led! And what do you do if you only have an hour for the meeting? Simply omit some of the activities.

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## Materials

### Activity 1: As Girls Arrive

- Markers, crayons
- Used yogurt cups, soda cups, soup cans, and anything else that can be converted to pencil holders. Wrap the holders with used paper [paper that's only been used on one side]. Have enough holders for each girl.

### Activity 2: Opening Ceremony

- Girl Scout Promise and Law
- Clover's Story

### Activity 3: Ready, Set, Recycle! — **Inside Option**

- Various recyclable materials including: paper, plastic bottles, aluminum cans, and newspapers. Note to volunteers: Plant the recyclables on the floor around the room before this activity begins.
- 3 small recycling bins or a recyclables sorter. Note to volunteers: You can use small trashcans, cardboard boxes, paper grocery bags, or even trash bags. Be sure to label your bins with words or pictures so girls know which one is which. The labels are: PLASTIC, PAPER, and CANS.

### Activity 3: Compost Craze — **Get Girls Outside!**

- Yard scraps: grass clippings, weeds that have not seeded, dried leaves
- Used coffee grounds (many coffee shops will bag up left-over coffee grounds for free)
- Produce scraps
- Paper towel/toilet paper rolls, newspaper, cardboard, egg cartons
- Sawdust
- Water
- Pails for each team to collect compost materials
- Compost bin: can be a small trash bin or wood crate but try to use something that allows air in.
- Large stick or broom handle for stirring

### Activity 4: Snack Chat & Take Action Pause

- Healthy snack items: fruit [strawberries, blueberries, cherries, apples, oranges, bananas, raisins], granola bars, crackers, carrot sticks, graham crackers, sliced cucumber and yogurt dip, juice, goldfish, hummus and pita bread, celery and cream cheese, bottled water, pretzels, trail mix, popcorn.
- Paper
- Pen or Pencil

### Activity 5: Closing Ceremony

- Clover Use Resources Wisely petal, enough for each girl

## Detailed Activity Plan

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## Activity 1: As Girls Arrive

### Time Allotment

10 minutes

### Materials

- Markers, crayons
- Used yogurt cups, soda cups, soup cans, and anything else that can be converted to pencil holders. Wrap the holders with used paper [paper that's only been used on one side]. Have enough holders for each girl.

### Steps

Give girls markers or crayons and items to make pencil holders.

### SAY:

- *Welcome, Daisies! Today you'll be learning about the Clover petal. She is known for using resources wisely. This means she knows that it's important not to waste things. Color the holders that are on the table with flowers, bees, plants, and trees. These holders are made from used soup cans, paper cups, yogurt cups, paper, and other things that would have gone into the trash.*
- *Once you're done decorating your holder, you can use it to put your crayons, markers, and pencils in. This is a good start to using resources wisely!*

## Activity 2: Opening Ceremony

### Time Allotment

20 minutes

### Materials

- Girl Scout Promise and Law
- Clover's Story

### Steps

- Gather girls in a circle. Welcome them to the Clover petal meeting. Read the Girl Scout Promise and Law to them.

### SAY:

- *In this meeting, you will earn your Clover Use Resources Wisely petal. Do you remember hearing that line in the Girl Scout Promise and Law? What do you think use resources wisely means?*
- *Give girls a chance to say what they think, then SAY:*

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- *One way to use resources wisely is to reuse something instead of throwing it out, like a plastic cup. Do you do anything at home or school to reuse things?*
- *Another way to use resources wisely is to save water. While you are brushing your teeth, you can turn the water off until you're ready to rinse. You can also save energy by turning the lights or TV off when you're not using them. Do you do anything at home or school to save water or energy?*
- *Another way to use resources wisely is to recycle. Do you recycle at home or school? If so, what do you recycle?*

[When girls are done, **SAY:**]

- *Now I'll read Clover's Story for you. When I do, you can act out parts of the story. When you hear me say the word honeybee, stand up and buzz around like a bee! If you hear the word honey, spin around once in a circle. If you hear the word car, call out the words vroom vroom!*
- *Read Clover's Story to girls.*

[When the story is finished, **SAY:**]

- *How did Clover save water? [Answer: By collecting rainwater in pails.]*
- *Why do you think she came up with the idea to have a tea party? [Answer: To use the leftover honey.]*
- *What else did she do with the leftover honey? [Answer: She suggested making a honey dip using leftover yogurt and apples.]*
- *What do you think would happen to the leftover yogurt and apples if Clover hadn't suggested making a dip?*
- *What have you done that shows you use resources wisely?*
- *Sample responses:*
- *I helped my family make a recipe using leftovers so that food wouldn't go to waste.*
- *I made sure to put paper in the proper recycling bin at school*
- *I use a reusable plastic cup for my drinking water.*

### Activity 3: Ready, Set, Recycle! — Inside Option

#### Time Allotment

15 minutes

#### Materials

- Various recyclable materials including: paper, plastic bottles, aluminum cans, and newspapers. Note to volunteers: Plant the recyclables on the floor around the room before this activity begins.
- 3 small recycling bins or a recyclables sorter. Note to volunteers: You can use small trashcans, cardboard boxes, paper grocery bags, or even trash bags. Be sure to label your bins with words or pictures so girls know which one is which. The labels are: PLASTIC, PAPER, and CANS.

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**Steps**

Have girls sit on the floor, facing the front of the room.

**SAY:**

- *We talked earlier about how a great way to use resources wisely is to recycle. When you put things in a recycling bin, they are broken down to make new things!*
- *Today we're going to play a game called Ready, Set, Recycle!*
- *If you look around the room, you'll see recyclable materials on the floor. We're going to have a relay race to see how fast we can clean up our meeting space and put the recyclables into their proper bins.*
- *You will divide into two teams. When I tell you which team to go on, stand on opposite sides of the room.*
- *Now let's get started!*
- *When I say Go! one member of the team will go to the floor, pick up something that needs to be recycled, put it in the correct bin, and go back to her team. Once she's back, the next girl can go.*
- *Once every girl has had a turn on the floor, the team should yell FINISHED!*
- *Ready to start?*

[Once girls are done with the relay, go through the bins with them and ask if the right items were placed in each. Then **SAY:**]

- *Why do you think it's important to recycle?*
- *What are some of the ways you can recycle at home or at school?*
- *How is recycling a way to show that you are using resources wisely?*

**Activity 3: Compost Craze — *Get Girls Outside!*****Time Allotment**

15 minutes

**Materials:**

- Yard scraps: grass clippings, weeds that have not seeded, dried leaves
- Used coffee grounds (many coffee shops will bag up left-over coffee grounds for free)
- Produce scraps
- Paper towel/toilet paper rolls, newspaper, cardboard, egg cartons
- Sawdust
- Water
- Pails for each team to collect compost materials
- Compost bin: can be a small trash bin or wood crate but try to use something that allows air in.
- Large stick or broom handle for stirring

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**Note to volunteer:** Have girls collect yard scraps as part of the activity—or collect it for them beforehand.

**Steps:**

Girls collect items outdoors for a compost bin to learn about composting.

**SAY:**

- *Has anyone ever composted before? If you put food scraps into a container for a week or two, it turns into something smelly and mushy. Yuk! If you take those same food scraps and mix it into compost, it turns into something that smells like rich soil. Then you can use that soil to help your plants and flowers grown outdoors. Pretty, cool, right? Want to start a compost bin?*
- *The four things you need to make compost are: green, brown, air and water.*
- *First, let's get into our teams and collect piles for each of the compost ingredients.*
- *One pile is for our greens. These are grass clippings, produce scraps, coffee grounds, weeds that have not seeded.*

[Have girls work on one pile at a time.]

- *The next pile is for our browns. Here you'll put the dried leaves, paper towel and toilet paper rolls, egg cartons, and cardboard. Tear up the cardboard and leaves into small pieces.*
- *Next, in the bin, make a mixture so it's half greens, half browns.*
- *Now add enough water to make the pile damp but not soaking wet. Think about what a wet sponge that's been wrung out would be like. **Note to volunteer:** There should be 40-60 percent water in the mixture. You can do a water test by putting on a pair of garden gloves and picking up a batch from the pile—if you squeeze it and water gushes out, there's too much water.*
- *Take a large stick (broom handle) and stir it up!*

[Once girls have stirred pile **SAY:**]

- *What do you think will happen to this compost pile?* [Explain to girls: Insects and microbes will go into the pile and turn it into a healthy soil mixture you can use as soil to plant flowers, fruits and vegetables!]
- *How long do you think it will take to break down and become a mixture?* [Answer: Since we are letting nature do its job, it takes time. If you keep adding water and stirring the mixture, you might see soil in about 10 days to 4 weeks. But if you leave it and do nothing, it might take six months or a year.]
- *Why do you think composting is a good way to recycle?* [Instead of throwing waste out and ending up in a landfill, which is where garbage goes, you can turn it into something good to reuse in your garden.]

**Activity 4: Snack Chat & Take Action Pause**

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**Time Allotment**

15 minutes

**Materials**

- Healthy snack items: fruit (strawberries, blueberries, cherries, apples, oranges, bananas, raisins), granola bars, crackers, carrot sticks, graham crackers, sliced cucumber and yogurt dip, juice, goldfish, hummus and pita bread, celery and cream cheese, bottled water, pretzels, trail mix, popcorn.
- Paper
- Pen or Pencil

**Steps**

Describe what a Take Action Project is as girls enjoy their snacks.

**SAY:**

- *One important thing Girl Scouts do is to help make the world a better place. As you go through Girl Scouting, you'll come up with a Take Action Project. Taking Action means finding a need, coming up with a plan to help, and putting the plan into action.*
- *Why do you think it's important to help other people?*
- *How do you think not wasting and being resourceful helps make the world a better place?*
- *Remember in Clover's Story, when Clover explained to her Flower Friends how bees make honey? That was a helpful way to teach something new to others. Can you think of a way to be a helpful Daisy?*
- *Let girls know you will be writing down and saving any ideas they come up with for their Take Action Projects.*

**Activity 5: Closing Ceremony****Time Allotment**

5 minutes

**Materials**

- Clover Use Resources Wisely petal, enough for each girl

**Steps**

Girls sit on the floor and form a Friendship Circle.

**SAY:**

- *Now that we've acted out Clover's Story and had a relay race, you've learned about how to use resources wisely.*

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- *What are some ways you can use resources wisely at home, at school, or in our meeting place?*
- *Have each girl make a pledge saying one way she will use resources wisely. It could be picking up trash. Putting things in a recycle bin. Reusing something instead of throwing it away.*

[Once all Daisies have had a turn, **SAY:**]

- *Congratulations! You've earned your Clover petal! Wear the petal on your tunic or vest to remind you to always try to use resources wisely.*

[Give a petal to each girl, then **SAY:**]

- *Now, let's gather in a circle, hold hands, and say the eighth line of the Girl Scout Law. This is Clover's line: I will do my best to use resources wisely.*

Have a girl end the ceremony by starting the Friendship Squeeze.