

## Making Games [Meeting 2]

### Overview

#### Note to Volunteers

A few agenda activities in this meeting plan have two options—one that can be done inside and one to be done outside (*Get Girls Outside!*). Carefully read through both activity options and choose one to add to your meeting plan agenda. **Please note all PDF-printed documents list the description and materials required for both the inside and outside options—you will only need to purchase materials for one option.**

For meeting 2, try to take girls outside to an open area—a park or field. The excitement and fast pace of running troop meetings for the first time can sometimes leave us tongue-tied. For that reason, scripting is included for guiding girls through a meeting; these "lines" are under the heading "SAY." However, you know your girls best. If you feel you don't need the script, do what makes sense for you and your girls.

#### Prepare Ahead

- Have healthy snacks available for snack time
- Have hats and sunscreen available for outdoor activities
- Let parents know girls will be active and should wear sneakers and clothes they can move in
- Find or borrow a kid's golf set. Or collect sticks girls can use as makeshift clubs.

#### Get Help from Your Friends and Family Network

Your Friends and Family Network can include:

- Girls' parents, aunts, uncles, older siblings, etc.
- Other volunteers who have offered to help with the meeting.

Ask your network to help:

- Make snacks
- Welcome girls to the meeting
- Supply materials for the session

#### Meeting Length

90 minutes

The times given for each activity will be different, depending on how many girls are in the troop. Plus, girls may really enjoy a particular activity and want to continue past the allotted time. As much as possible, let them! That's part of keeping Girl Scouting girl-led! And what do you do if you only have an hour for the meeting? Simply omit some of the activities.

### Materials

#### Activity 1: As Girls Arrive

- Girls decorate empty milk cartons (with tops cut off) to use in mini-golf game.

#### Activity 2: Opening Ceremony

## Making Games [Meeting 2]

- PDF of Girl Scout Promise and Law

### Activity 3: Design a mini golf course — **Inside Option**

- Kids golf set or sticks to act as makeshift clubs
- Golf balls
- Milk cartons
- Cones
- Objects girls can use as obstacles: plant pots, rocks or stones, piece of plywood or poster board for a ramp, Frisbee, basket, Cans or containers (open on both sides) for balls to go through like a tunnel

### Activity 3: Design a backyard obstacle course — **Get Girls Outside!**

- Collect things girls can use to create hurdles: Rolled up towels, empty trash bin, trash can cover, hula hoop, garden hose, jump rope, broomstick, outdoor chairs or bench, boxes, buckets, laundry basket, blanket, plastic cones and more!
- Stopwatch to time girls

### Activity 4: Soccer Twist — **Inside Option**

- Soccer ball

### Activity 4: Race Relay — **Get Girls Outside!**

- Possible materials girls can use to create a relay race: newspapers, bowls, water, paper cups, popcorn, beanbags or bananas.

### Activity 5: Field of Targets

- Frisbees (at least 6)
- Large plastic laundry basket
- Small and medium size buckets or cans
- Bean bags to toss in buckets or cans
- Hula hoops
- Beach balls

### Activity 6: Snack Break

- Water or Juice
- Granola bars
- Apple slices

### Activity 7: Closing Ceremony

- Making Games badges, one for each girl

## Detailed Activity Plan

### Activity 1: As Girls Arrive

## Making Games [Meeting 2]

### Time Allotment

2Minutes

### Materials

Girls decorate empty milk cartons (with tops cut off) to use in mini-golf game.

### Steps

As girls arrive, have them decorate milk cartons with stickers and markers.

### SAY:

- *Has anyone every played mini golf? Well, you will today! First, decorate a milk carton any way you want. These are going to be your golf holes.*

## Activity 2: Opening Ceremony

### Time Allotment

10 minutes

### Materials

- PDF of Girl Scout Promise and Law

### Steps

Gather girls in a circle. Welcome them to the second Brownie Making Games badge meeting. Girls say the Girl Scout Promise and the Girl Scout Law together.

### SAY:

- *Is everyone having fun playing games and learning about making games?*
- *Did you play any games at home with friends of family? Which ones?*
- *Are you ready to put your game designer hats back on? Let's get going!*

## Activity 3: Design a mini golf course — **Inside Option**

### Time Allotment

20 minutes

### Materials

- Kids golf set or sticks to act as makeshift clubs
- Golf balls
- Milk cartons
- Cones
- Objects girls can use as obstacles: plant pots, rocks or stones, piece of plywood or poster board for a ramp, Frisbee, basket,
- Cans or containers (open on both sides) for balls to go through like a tunnel

## Making Games [Meeting 2]

**Steps**

Have girls set up a mini golf game.

**SAY:**

- *Has anyone ever played miniature golf? The idea is to get the ball into the holes by going around all these things in the way, called obstacles.*
- *As a group, put your milk cartons in spots around the field [or area you are in, make sure girls stay within a safe area].*
- *Then, create “obstacles” near your milk carton. It might be stones or rocks, a cone, or a sneaker, a piece of plywood to make a ramp, be creative! Or you might have a container the ball has to go through—like a tunnel-- in order to reach its hole.*
- *Once you’ve set up your mini golf course, each of you take a turn swinging your way through it.*
- *Make sure to go one at a time!*

**Activity 3: Design a backyard obstacle course — *Get Girls Outside!*****Time Allotment**

20 minutes

**Materials:**

- Collect things girls can use to create hurdles: Rolled up towels, empty trash bin, trash can cover, hula hoop, garden hose, jump rope, broomstick, outdoor chairs or bench, boxes, buckets, laundry basket, blanket, plastic cones and more!
- Stopwatch to time girls

**Steps:**

Girls break into two groups and create two separate obstacles courses. Then each team goes through the other group’s obstacle course.

**Note to volunteers:** If you want to offer girls a choice, have them design and run this obstacle course or do Design a mini golf course outside (the inside activity). Or they can do both!

**SAY:**

- *Break into two separate groups and take a look at the items to make an obstacle course. Go to separate areas and design it! You can also create activities or “rules” along your course, like a girl will have to do three jumping jacks, crawl through a box tunnel, turn around on a trash can cover, and jump rope five times.*

[If girls need more ideas, suggest: “army” crawl across a blanket, jump through hula-hoop, walk a “tightrope” using a jump rope, and weave through plastic cones.]

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- *You'll have ten minutes to set up your course. Then each group will take turns going through the other team's course.*
- *Make sure everyone understands the "rules" to get through your obstacle course. Before the other team tries it, one of you will go through your obstacle course to show how to do it.*

[Time girls going through the course to see who does each course the fastest.]

[When girls have finished, **SAY:**]

- *Which obstacle course was the most challenging? What made it so?*
- *If you could do something different in your course, what would it be?*
- *Imagine adding water to your course, like sprinklers or a garden hose, what kind of hurdles would you create?*

### Activity 4: Soccer Twist — **Inside Option**

#### Time Allotment

20 minutes

#### Materials

- Soccer ball

#### Steps

Have girls play soccer with a twist.

#### SAY:

- *How many of you have played soccer on a field before? Let's try playing soccer, but a totally different way.*
- *Break into two teams. As you kick the ball back and forth to try to get it into the other team's territory, I'll play music. When the music stops, you need to freeze and the girl—or girls—nearest to the ball is out.*
- *We'll keep doing this until there are only two girls left on the field.*
- *Can you think of another fun way to play soccer? Like maybe just using your hands and not your feet? Let's try it!*

### Activity 4: Race Relay — **Get Girls Outside!**

#### Time Allotment

20 minutes

#### Materials

- Possible materials girls can use to create a relay race: newspapers, bowls, water, paper cups, popcorn, beanbags or bananas.

## Making Games [Meeting 2]

### Steps

Each team comes up with a relay race idea running the same distance.

### SAY:

- *Break into two teams. Each team will come up with an idea for a relay race and then both teams will play each one together.*
- *Be creative with your ideas. For example, in one race, the runner might wear a hat and switch it off to the next runner. Or, instead of running, everyone shuffles on her knees.*

[If girls need more ideas, suggest: *Newspaper race*: Two sheets of newspaper per player. The girl races to the end and back stepping only on her newspapers.]

- *Wheelbarrow race*: One girl tries to get to finish line on her hands as her teammate holds her legs in the air.
- *Banana or beanbag race*: Each girl puts a banana or beanbag between her knees and has to reach the finish line without dropping it.
- *Water or Popcorn drop race*: On one side of the race line is an empty bucket, the other has a bucket full of water or popcorn. Using the paper cups, and one at a time, girls race to transfer all the water or popcorn from one bucket to the other.

[Be sure girls clean up any spilled popcorn after the game.]

[When girls are done racing, **SAY:**]

- *Which relay race was the hardest to do? Easiest?*
- *Were the rules clear? If not, how would you explain your game better?*
- *If you had to make a change to your relay race, what would you do?*

## Activity 5: Field of Targets

### Time Allotment

20 minutes

### Materials

- Frisbees (at least 6)
- Large plastic laundry basket
- Small and medium size buckets or cans
- Bean bags to toss in buckets or cans
- Hula hoops
- Beach balls

### Steps

Girls toss objects into targets and then improvise.

### SAY:

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- *Trying to toss something and hit a target is fun. Let's try it two different ways. And then you can make up your own target toss game.*
- *First, let's do a Frisbee toss. One by one, see how many Frisbees you can get into the laundry basket.*
- *Next, try tossing the beanbags into the buckets. How many did you get in? Was one target easier than the other?*
- *Now look around at what's here...a beach ball and some hula-hoops. Can you think of a target game you can make up? [For example, one girl holds a hoop while another tosses a beach ball through it. Then keep moving back to make it harder?]*

### Activity 6: Snack Break

#### Time Allotment

10 minutes

#### Materials

- Water or Juice
- Granola bars
- Apple slices

#### Steps

Girls enjoy a healthy snack while talking about how to invent a whole new sport.

#### SAY:

[While girls enjoy their healthy snack...]

- *If you were going to invent a whole new sport, what would it be like?*
- *If you were having a birthday party, is there a special game you'd want to play?*
- *Do you like coming up with ideas or playing ones that already have their own rules?*
- *What do you like best about making up games?*
- *What do you think it would be like to teach a younger girl a game you made up?*

### Activity 7: Closing Ceremony

#### Time Allotment

5 minutes

#### Materials

Making Games badges, one for each girl

#### Steps

## Making Games [Meeting 2]

Girls form a friendship circle and get their Making Games badges.

**SAY:**

- *Congratulations on earning your Making Games badge. Now you know what a game designer does and you got to act like one.*
- *Hope you had fun and continue to use your imagination coming up with new games when you play with your friends.*

Ask a girl to end the ceremony by starting the friendship squeeze.