



## Girl Scouts

# Native American Heritage Month Celebration Fun Patch Activities

## Native American Heritage Month Celebration “I’m a Girl Scout!” Fun Patch

Throughout November, Native American Heritage Month celebrates the cultures, histories, and countless contributions that Native American communities have provided to the United States. We invite you to take this opportunity to learn more about the cultures of the Indian Nations in your state and across the country. We’ve got plenty of activities to choose from, so you can make new discoveries and have tons of fun learning while earning a fun patch!

### Number of activities required to get the patch:

Daisy (3) • Brownie (4) • Junior (6) • Cadette (8) • Senior (10) • Ambassador (12)

Now get your patch! [www.girlscoutshop.com/gs-native-american-heritage-month-sew-on-patch](http://www.girlscoutshop.com/gs-native-american-heritage-month-sew-on-patch)



## Glossary of Terms (from Merriam-Webster)

**American Indian:** A member of any of the Indigenous peoples of the western hemisphere, except often certain peoples (such as the Yupik and Inuit) who live in arctic regions, especially an American Indian of North America and especially the U.S.

Indian: American Indian

**Indigenous:** Of or relating to the earliest known inhabitants of a place and especially of a place that was colonized by a now-dominant group; Indigenous peoples.

**Nation:** A tribe or federation of tribes (of American Indians); the Seminole Nation in Oklahoma, for example.

**Native American:** A member of any of the Indigenous peoples of the western hemisphere, especially a Native American of North America and especially the U.S.

**Tribe:** A social group composed chiefly of numerous families, clans, or generations having a shared ancestry and language.



## Theme

## Activities

### Art (Dance, music, theater, painting, etc.)

1. Learn a Native American lullaby on your own or with your troop.
2. Make a music playlist with ten artists from ten different Native American communities that includes songs or music that an artist, community, or producer has shared online.
3. Identify five books written by Native American authors. Research the musical instruments that Native Americans have created and use.
4. Recognize the various art forms that Native American artists have created as you explore your community or as you travel.
5. What art forms are Native Americans known for? Share images that you find with your friends and family.
6. Share and watch a movie with friends about Native American or Indigenous communities.
7. [Watch Sacred Stories on PBS to explore the cultural stories featured in Native American tribes through animation.](#)

### Community Traditions (Food, Folklore, Origins, etc.)

8. Cook a Native American recipe that you can enjoy with your troop, friends, or family.
9. Learn about three different medicinal plants or herbs that Native American communities use for healing.
10. Research Native American chefs to learn how they incorporate traditional foods into restaurant menus.
11. Visit a Native American food truck or restaurant in your area.
12. Learn about three different Native American tribes, and share your research with your troop, family, or friends.
13. [Watch the National Museum of the American Indian's video, Creating a Climate of Change: A Sustainable Future for the Living Earth. Present what you learned to your troop, friends, or family. This activity is worth three points!](#)

### Discovery (Learn, Watch, Read, etc.)

14. Learn about four Native American leaders (doctors, scientists, activists, or any others you come up with), and present to your troop or family their contributions to our nation.
15. Find three (or more) inventions that were created by Native Americans. Draw them and write a caption for each, providing the name of the item invented, the name of the inventor, and the tribe they're from.
16. Ask a tribal member of a local Native American community to come and share about their culture to your troop. Make sure you coordinate this with your troop and a family member.
17. Using a map of the United States, select different colors to identify the seven Native American regions on the map. For an extra point, add at least five names of different Native American tribes located in each region.
18. Research which Native American tribal land you live on and learn about the tribe(s) that used to occupy it.
19. How many federally recognized Native American tribes are there in the United States?
20. How many Native American tribes are in your state?
21. Write a poem inspired by the research you've done on Native American communities.